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Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application.

Listing of Claims:

- 1. (Currently amended) A reconstituted grain product, manufactured by reconstituting a ground material, wherein the ground material comprises a plurality of grains and legumes having various respective cooking requirements, wherein the manufacture of the reconstituted grain product comprises grinding providing a plurality of uncooked materials selected from a group consisting of grains and legumes, grinding the uncooked materials to form a ground material with between 80-200 meshes, [[the]] then subjecting the ground material to mixing, wateradding, extrusion, forming shaping, and drying to yield a reconstituted grain product in the form of a rice grain shape, in which the drying step is performed at 45-50°C for 3-4 hours.
- 2. (Original) The reconstituted grain product as claimed in claim 1, wherein the ground material is between 80~200 meshes.
- 3. (Original) The reconstituted grain product as claimed in claim 2, wherein the ground material is between 100~200 meshes.
- 4. (Currently amended) The reconstituted grain product as claimed in claim 1, wherein grains used comprise at least one of rice, barley, oat, buckwheat, adlay, millet, sorghum, sweet corn, wheat, rye, or rice bran.
- 5. (Original) The reconstituted grain product as claimed in claim 4, wherein the rice of the ground material is about 10~90% by weight.

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6. (Original) The reconstituted grain product as claimed in claim 5, wherein the rice of the ground material is about 25% by weight.

- 7. (Original) The reconstituted grain product as claimed in claim 4, wherein the grains of the ground material, except for rice and rice bran, are 1~50% by weight respectively.
- 8. (Original) The reconstituted grain product as claimed in claim 7, wherein the barley of the ground material is about 17.5% by weight.
- 9. (Original) The reconstituted grain product as claimed in claim 7, wherein the oats of the ground material are about 17.5% by weight.
- 10. (Original) The reconstituted grain product as claimed in claim 7, wherein the buckwheat of the ground material is about 17.5% by weight.
- 11. (Original) The reconstituted grain product as claimed in claim 7, wherein the adlay of the ground material are about 17.5% by weight.
- 12. (Original) The reconstituted grain product as claimed in claim 4, wherein the rice bran of the ground material is about 1.about.10% by weight.
- 13. (Original) The reconstituted grain product as claimed in claim 7, wherein the rice bran of the ground material is about 5% by weight.
- 14. (Currently amended) The reconstituted grain product as claimed in claim 1, wherein the legumes used comprise at least one of soy bean, black bean, green mung bean, small red bean, or sword bean.

15. (Canceled)

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16. (Currently amended) A method for manufacturing a reconstituted grain product, comprising grinding providing a plurality of uncooked materials selected from a group consisting of grains and legumes, grinding the uncooked materials to form a ground material of 80-200 meshes, and then subjecting the ground material to mixing, water-adding, extrusion at 50-150°C for 1-3 minutes, forming, and drying to yield a reconstituted grain product in the form of a rice grain shape.

- 17. (Previously presented) The method of claim 16, wherein the extrusion is performed at 50-110°C for 1-3 minutes.
- 18. (Previously presented) The method of claim 16, wherein the ground material is between 100-200 meshes.
- 19. (Previously presented) The method of claim 16, wherein the ground material contains 10-90% by weight of rice.
- 20. (Previously presented) The method of claim 19, wherein the ground material contains about 17.5% by weight of barley.
- 21. (Previously presented) The reconstituted grain product as claimed in claim 7, wherein the ground material contains about 17.5% by weight of oats.